



## Rebekah Bernard, MD

Rebekah Bernard, MD is a Family Physician and the author of “How to Be a Rock Star Doctor: The Complete Guide to Taking Back Control of Your Life and Your Profession” and “Physician Wellness: The Rock Star Doctor’s Guide. Change Your Thinking, Improve Your Life.” She is a national speaker on the topic of Physician Wellness and practice management, has worked with her county medical societies to develop Physician Wellness Programs. Dr. Bernard also writes a regular blog for Medical Economics and is a frequent contributor to KevinMD and other health publications.

A native Floridian and daughter of two Registered Nurses, Dr. Bernard grew up in the rural town of Clewiston. She graduated from the University of Florida with a degree in Sociology and received her medical degree from the University of Miami. She completed her residency at Florida Hospital in Orlando.

Following residency, Dr Bernard served for six years at a Federally Qualified Health Center in Immokalee, Florida as a National Health Service Corps Scholar. She then worked for a large out-patient hospital group for five years before opening her own practice, which she converted to a Direct Primary Care practice in July 2016.

For more information, please visit [www.RebekahBernard.com](http://www.RebekahBernard.com), or connect with Dr. Bernard on Facebook @RebekahBernardMD or Twitter @Rebekah\_Bernard. Learn more about her practice at [GulfCoastDPC.com](http://GulfCoastDPC.com).