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Dr. Mody is the medical director of the cytopathology laboratory at Houston's Methodist Hospital. She is professor of Pathology and laboratory medicine at Weill Medical College of Cornell University. She is also the medical director of Bioreference/GenPath cytology lab in Texas

Dr. Mody is a past president of American Society of Cytopathology (ASC) in 2007-08 and has been a member of the executive board of the ASC. She has received the Papanicolaou Award, the President's Award and Excellence in Education award from that society.

Her participation with the College of American Pathologists (CAP) has also been extensive, including chairing the cytopathology resource committee and Anatomic Pathology cluster and other activities, for which she has received the Lansky Award for her leadership in cytopathology in 2002, and the Lifetime Achievement Award in 2009. She also received the Harlan J Spjut award of the Houston Society of Clinical Pathologists and several years of residents and fellows teaching awards.

Dr. Mody is board certified in anatomic and clinical pathology with subspecialty certification in cytopathology. She is currently the editor in chief of the Journal of The American Society of Cytopathology, on the editorial boards of several cytology and pathology journals and was on the cytopathology question writing committee of the American Board of Pathology (2011-2017). She chaired the Scientific program Committee of the American Society of Cytopathology from 2012-2014 which is responsible for the annual scientific meetings.

Dr. Mody has over 100 peer reviewed publications and over 250 presentations, abstracts and invited lectures at national and international level. In March 2014, she published a comprehensive 800-page cytopathology text book: Diagnostic Pathology Cytopathology by Amirsys (now Elsevier), which now is in its 2nd edition (2018) She has also co-edited the 3rd edition of Clinical Cytopathology, published in November 2017 with her mentor, Dr. Ramzy.